

## **Newborns need another tune: « I will survive » sets neonatal resuscitation rhythm.**

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We read with interest D. Matlock's abstract <sup>1</sup> testing The Bee Gees song "Stayin' Alive" to set the pace of adult CPR <sup>2</sup>. Since 2005, recommendations for performing CPR in infants, children and adults have been standardized, in part to ease memorization of the 100 beat per minute (bpm) chest compressions rate <sup>3</sup>. However, advanced neonatal resuscitation is conducted at a rhythm of 120 events per minute, with 30 insufflations and 90 chest compressions <sup>4</sup>. Providers of this procedure will not be helped by The Bee Gees. Disco music still offers songs with a tempo closer to 120 bpm. Gloria Gaynor's "I Will Survive" (Polydor Records, 1978), at 117 bpm, could set the pace for the neonatal resuscitation team.

1. Matlock D, Hafner Jr JW, Bockewitz EG, et al. : "Stayin' Alive": A Pilot Study to Test the Effectiveness of a Novel Mental Metronome in Maintaining Appropriate Compression Rates in Simulated Cardiac Arrest Scenarios. (Abstract) *Ann Emerg Med.* 2008; 52: S67-S68.
2. Inaba A. Perfect Teaching Tool for Timing Compressions - and Its Disco! *Currents in Emergency Cardiovascular Care* 2006;17(3):7.

3. The International Liaison Committee on Resuscitation. The International Liaison Committee on Resuscitation (ILCOR) Consensus on Science With Treatment Recommendations for Pediatric and Neonatal Patients: Pediatric Basic and Advanced Life Support. *Pediatrics*. 2006; 117: e955-977.
4. The International Liaison Committee on Resuscitation. The International Liaison Committee on Resuscitation (ILCOR) Consensus on Science With Treatment Recommendations for Pediatric and Neonatal Patients: Neonatal Resuscitation. *Pediatrics*. 2006; 117: e978-988.